



Dr. C. Sasikala

Assistant Professor of English,

Education Qualification: M.A., (Eng)., M.Ed., M.Phil (Edn)., SET(Edn)., NET(Edn)., M.A., (Psy), P.hD.

Stella Matutina College of Education,

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OBJECTIVE

To obtain a challenging role in Education where I can apply my passion for teaching and contribute to fostering academic excellence and personal growth.

EXPERIENCE

Assistant Professor, Stella Matutina College of Education, Ashok Nagar, Chennai – 83 (16.07.2018 – Till date); 7 years, 3 months, 9 days of teaching experience.

AREA OF SPECIALIZATIONS

- Educational Psychology
- Digital Pedagogy
- Curriculum Design and Development
- Educational Research

RESEARCH CONTRIBUTIONS

DISSERTATION & THESIS TITLE

- **Ph.D. (Education):** *Metacognitive Awareness and Digital Reading Competency in Relation to Academic Achievement in English among Higher Secondary Students* — Stella Matutina College of Education / Tamil Nadu Teachers Education University.
- **M.Phil. (Education):** *Problem Solving Ability in Relation to Emotional Maturity and Self-Concept among XI Standard Students* — Stella Matutina College of Education / Tamil Nadu Teachers Education University.

- **M.Ed. (Education):** *Occupational Aspiration in Relation to Socio-Economic Status among XI Standard Students* — Stella Matutina College of Education / Tamil Nadu Teachers Education University.

M.Ed. GUIDESHIP

- Guided Ms. Taxy Mathew (2020–2022) on “Metacognitive Awareness and Learning Style among High School Students in Kerala.”
- Currently guiding Ms. Aradhna Sneha (2023–2025) on the ongoing study “Socio-Emotional Competency in Relation to Self-Confidence among Higher Secondary Students.”

ARTICLE PUBLICATIONS IN THE UGC-APPROVED JOURNALS / UGC CARE / SCOPUS

- **Peer-Reviewed (UGC Listed):** Mrs. C. Sasikala (2024) *Metacognitive Awareness and Social Intelligence of XI Standard Students* — **International Journal of Cultural Studies and Social Sciences**, ISSN 2347-4777, Impact Factor: 7.138, Vol. 20, Issue 01, No. 25, January–June 2024.
- **Scopus Indexed:** Mrs. C. Sasikala & Dr. Mrs. Joseph Catherine (2022) *Metacognitive Awareness of Higher Secondary Students* — **Journal of Research Administration (Society of Research Administrators International)**, ISSN: 1539-1590, E-ISSN: 2573-7104, Vol. 4, No. 2 (2022).
- **Scopus Indexed:** Mrs. C. Sasikala & Dr. Mrs. Joseph Catherine (2023) *Digital Reading Competency of Higher Secondary Students* — **Journal of Namibian Studies**, Vol. 33, S1 (2023), pp. 4376–4384, ISSN: 2197-5523 (Online).

CHAPTERS PUBLICATIONS IN BOOKS

- Published a chapter on *Blended Mode of Teaching and Learning* in the edited book titled “Amalgamation of Virtual Journey in Learning: An Integrated and Blended Approach of Faculties in Flipped Classroom”, ISBN: 978-81-950482-1-2, Alapan Publications / Alapan Holistic Educational Forum Publications, Kolkata, 2020.
- Published a chapter on *Social Behaviour in Learning* in the edited book titled “Multicultural Psychology in Learning”, ISBN: 978-93-90627-84-4, Krishna Publication House, Anantwadi, Bhavnagar, Gujarat, 2021.

ARTICLE PUBLICATIONS IN THE ISBN BOOKS

- Published a chapter on *Independent Learning* in the edited book titled “Sustainable Growth in Education”, ISBN: 978-93-90627-43-1, Krishna Publication House, Anantwadi, Bhavnagar, Gujarat, October 2022.
- Published a chapter on *Wellness and Psychological Wellbeing* in the edited book titled “Essentials of Positive Psychology”, ISBN: 978-81-19337-28-6, Shanlax Publications, Vasantha Nagar, Madurai, September 2023.
- Published a chapter on *ChatGPT in Higher Education* in the edited book titled “Applications of AI in Emerging Research and Education”, ISBN: 978-81-965582-7-7, Annamalai University, Annamalai Nagar, Tamil Nadu, September 2023.
- Published a chapter on *Challenges and Risks: Navigating the Downsides of Social Media in Education* in the edited book titled “Harnessing Social Media for Educational Success”, ISBN: 978-93-6163-862-6, Shanlax Publications, Vasantha Nagar, Madurai, October 2024.
- Published a chapter on *Types of AI Assessments in Education* in the edited book titled “Artificial Intelligence in Education”, ISBN: 978-8192875170, Stella Matutina College of Education, Chennai, 2025.
- Presented a paper in National Seminar – Global Trends in Education: 2020.
Title of the paper: *A Study on Problem Solving Ability in Relation to Self-Concept among XI Standard Students*, 2018, ISBN: 978-93-5291-545-3.
- Presented a paper in International Conference – Health and Safety of the Younger Generation in Modern World.
Title of the paper: *Environmental Challenges for a Healthy Lifestyle*, 2018, ISBN: 978-93-87314-83-2.
- Presented a paper in National Conference – Media and Child Development.
Title of the paper: *Impact of Social Media on Adolescents*, 2018.
- Presented a paper in National Seminar – Mind the Gap: Relevance of Teacher Education.
Title of the paper: *Need-Based Curriculum*, 2018, ISBN: 978-81-927641-5-3.
- Presented a paper in National Seminar – Skill Development and Goal Setting Strategies for Urban and Rural Students.
Title of the paper: *Creative Thinking – An Essential Skill for the 21st Century*, 2018.
- Presented a paper in International Conference – Emerging Trends in Educating Persons with Disability.
Title of the paper: *Strategies for Teaching–Learning Process in Inclusive Education*, 2018.

- Presented a paper in National Seminar – Instructional Efficiency to Prepare the Post Millennials for 2025.

Title of the paper: *Building Bridges between Existing and Future Educational Assessment*, 2019, ISBN: 978-81-928689-3-6.
- Presented a paper in National Seminar – Enhancing Holistic Wellness in Classrooms for Sustainable Development.

Title of the paper: *Enhancing Holistic Wellness in the Classroom*, 2019, ISBN: 978-81-928751-1-8.
- Presented a paper in National Conference – Nurturing the Minds of Prospective Teachers in Wellness Education.

Title of the paper: *Psycho-Social Health Problems among Adolescents*, 2020, ISBN: 978-93-88568-14-2.
- Presented a paper in National Seminar – Social Media Networks and Society.

Title of the paper: *Effect of Social Media on Reading Comprehension*, 2021, ISBN: 978-3-96492-232-8.
- Presented a paper in National Seminar – Professionalisation of Teacher Education: Recent Trends & Future Perspectives.

Title of the paper: *Teacher Preparation for Inclusive Education*, 2022, ISBN: 978-93-94899-85-8.
- Presented a paper in National Seminar – Highlights of NEP 2020: Teacher Education.

Title of the paper: *National Education Policy 2020: Opportunities and Challenges in Teacher Education*, 2022.
- Presented a paper in International Conference – Emerging Challenges in Physical Education.

Title of the paper: *Metacognitive Awareness on Yoga*, 2022.
- Presented a paper in International Conference – Digital Citizenship: Exploring the Opportunities and Challenges of Digital Education.

Title of the paper: *Digital Reading Competency of XI Standard Students*, 2022, ISBN: 978-3-96492-460-5.
- Presented a paper in National Conference – Cultivating Minds; Nurturing Hearts – Unlocking the Potentials of Social Intelligence in Education.

Title of the paper: *Metacognitive Awareness and Social Intelligence of XI Standard Students*, 2023, ISBN: 978-81-967804-94.
- Presented a paper in International Conference – Revitalizing Multidisciplinary Researches in Higher Education: Industry 4.0.

Title of the paper: *Optimizing Digital Reading Practices: Tools and Strategies*,

2024, ISBN: 978-93-95151-53-5.

- Presented a paper in Thirukkural World Record Foundation in collaboration with the World Book of Records, London.

Title of the paper: *திருவள்ளூரின் அருளியல் சித்தனைகள்*, Chennai.

FACULTY DEVELOPMENT PROGRAM

- Participated in Online International FDP on *Establishing Research Beyond the Horizon* – N.K.T. National College of Education for Women (Autonomous), Chennai, 26–30 May 2020.
- Participated in National Level FDP on *Higher Education in the VUCA World* – Nirmala College for Women, 28 May 2020.
- Participated in National Level FDP on *Emerging Trends in Information Technology* – Agurchand Manmull Jain College, 28–30 May 2020.
- Participated in Online Workshop and FDP on *Moodle Learning Management System* – Hindusthan College of Arts and Science, Coimbatore, 10–16 June 2020.
- Participated in National Level FDP on *Digital Entrepreneurship & Investment* – Bon Secours College for Women, 29 May – 2 June 2020.
- Participated in National Level FDP on *Research Methodology: Tools and Techniques* – M.V. Muthiah Government Arts College for Women, Dindigul, 18–24 June 2020.
- Participated in FDP on *Body Language: Key to Professional Success* – NPTEL – AICTE, IIT Madras, Sep–Oct 2020.
- Participated in FDP on *Stress Management* – NPTEL – AICTE, IIT Madras, Sep–Oct 2020.
- Participated in National Level FDP on *Digitech for Constructive Teaching* – Stella Matutina College of Education (Autonomous), Chennai, 1–3 July 2020.
- Participated in FDP on *Research Proposal & Funding Agencies* – Seshadripuram Academy of Business Studies, 18 Dec 2020.
- Participated in National Level FDP on *E-Content Development* – Angels College of Education, Namakkal, 31 May – 2 June 2021.
- Participated in International Level FDP on *Facets of Teaching* – Lakshmi College of Education, 14–20 June 2021.
- Participated in Online FDP Workshop on *E-Content Skill Development* – St. Joseph College of Education, 26–30 July 2021.
- Participated in National Level FDP on *NAAC Accreditation for Teacher Education Institutes* – AZAD College of Education, Satara, 1–8 July 2022.
- Participated in National Level 5-Day FDP on *Professional Growth and Mental Health* – GTCCO (Global Trainers, Coaches and Counsellors Organization), 27–31

Mar 2023.

- Participated in FDP on *Research in Social Sciences* – Thassim Beevi Abdul Kader College for Women, 4 Apr 2023.
- Participated in Online FDP on *Empowering Education for AI Age* – Don Bosco College, Yelagiri Hills School of Business, 12–15 July 2023.
- Participated in International FDP on *Bloom's Taxonomy: Effective Teaching and Learning Methodology* – Dr. M.G.R Educational and Research Institute, 20–21 July 2023.
- Participated in FDP on *Aware of and Away from Blemishes in Writing and Submission of Research Articles* – St. Christopher's College of Education, 15 Sep 2023.
- Participated in FDP on *Research Ethics in Higher Education* – Rani Anna Government College for Women & Globetics, South Asia Centre, Bangalore, 18–25 Sep 2023.
- Participated in FDP on *Understanding the Basics of Qualitative Research in Social Sciences* – Gokul Global University, Siddhpur, 15–21 July 2024.
- Participated in FDP on *OBE & CO-PO/PSO Mapping* – Progrezz Academy, Tamil Nadu, 25–27 July 2024.
- Participated in FDP on *Purpose Driven Life: Transforming Aspirations into Reality* – Meston College of Education & Ignatius College of Education, 26 July 2024.
- Participated in FDP on *Adolescent Health and Well-Being: A Holistic Approach* – NPTEL – AICTE, IIT Madras,

RESOURCE PERSON

- Served as Resource Person at Vellammal Matriculation Higher Secondary School and addressed Grade 10 students on *Stress Management* on 27th Aug 2019.
- Served as Resource Person at Stella Matutina College of Education and conducted a session on *NET/SET Coaching* on 15th -17th Jul 2021.
- Served as Guest Speaker for a session on *Guidance for Social-Emotional Well-Being of Students* on the occasion of the 11th President of India Dr. A.P.J. Abdul Kalam's birthday, organized by Tamil Nadu Teachers Education University on 15 October 2021. The event achieved a world record for the *2021-hour Longest Multinational Confluence on Guidance and Counselling*.
- Served as Resource Person at Mother Teresa University and addressed students on *Anti-Ragging Awareness* on 18 August 2022.
- Served as Online Academic Counsellor for the B.Ed. Spl. Ed. Programme

(Cycle 2023 batch) at TNOU on 30 March 2024.

- Served as Resource Person at Government School, Zaffarkhanpet, and addressed students on *Menstrual Hygiene* on 9 October 2024.

AWARDS

- Received Outstanding Lecturer Award by Novel Research Academy Puducherry for the academic year 2022-2023.
- Received Innovative Teaching Excellence Award by Acumen Foundation & Seva Academy in 2024
- Received Best speaker award by Dwaraka Doss Goverdhan Doss Vaishnav College in 2024.
- Received the *Humanitarian Award* for participation in the Free Medical Camp on 2nd August 2024, organized by the Rotary Club of Chennai Crown in association with Bharatheeya Naatu Vaidya Mahapadashala.
- Received the “Thirukkural Ulagha Nool Aayvu Peroli Award” for presenting a research paper on “Anbum Arulum” at the Thirukkural World Conference, organized by the Thirukkural World Record Foundation in collaboration with the World Book of Records, London.

ACCOMPLISHMENTS

- Received a Certificate of Appreciation in recognition of involvement in organizing NSS activities during 2019–2020, awarded on the 72nd Republic Day (26 January 2021).
- Participated in the *Longest Virtual Event on the Significance of Science and Culture in Building a Harmonious Society*, organized by Tamil Nadu Teachers Education University on 1 August 2021.
- Participated in the Thirukkural World Record event on January 25, 2025, organized by the Thirukkural World Record Foundation in collaboration with the World Book of Records, London, on the topic “திருவள்ளூரின் அருளியல் சித்தனைகள்”.
- Served as External Examiner for the B.Ed. Degree End-Semester Examination held at St. Christopher’s College of Education on 26 May 2022.
- Served in the Certificate Verification process for B.Ed. and M.Ed. students of the

College of Education at TNTEU, held on 18th, 19th, 26th, 27th, 30th, and 31st November 2023.

- Served in the Certificate Verification Officer for B.Ed. Admission 2023-2024 Single Window Counselling at Lady Willington Institute of Advanced Study in Education on 23rd Sep 2023.
- Serving as the Nodal Officer for the Anti-Drug Committee (2024–2025); initiated several awareness programs through which Stella Matutina College secured third place and received a government cash award of ₹5,000 from the Home, Prohibition, and Excise Department.
- Serving as the Secretary of the Student Induction Committee (2022 – 2025)
- Served as a Member of the Curriculum Development Committee (2018-2022)
- Served as the Secretary of the Anti-Sexual Harassment Committee (2018-2024)
- Serving as a Member of the Red Ribbon Club (2018–present)
- Served as a Member of the Youth Red Club (2018-2024)
- Serving as a Member of the Placement Cell (2018–present)