



Mrs. J. Rubina

Asst. Prof. of Psychology

Education Qualification: M.Sc.,(Zoology), M.Ed.,M.Phil(Edn).,M.Sc., (Psy), M.Sc., (Counselling & Psychotherapy),NET(Edn).,PGDCA

Areas of Interest: Educational Psychology, Social Psychology, Guidance & Counselling

Experience:

- From June 2007 to July 2012 (**5 years**) as Asst. Prof of Biological Science at Indhira College of Education.
- From August 2012 to till date (**9years 7 months**) as Asst. Prof of Psychology at Stella Matutina College of Education.

Positions held:

- Serves as NSS Programme Officer
- Served as an Assistant Controller of the examination at Stella Matutina College of Education from 2013 to 2017.
- Acted as Red Ribbon club & Anti ragging committee Co-ordinator

- Member of IQAC, Board of studies and Academic council.
- Acted as Library committee secretary, at Stella Matutina college of Education.
- Served as a Convener & member in the continuation of Provisional Affiliation to colleges of Education-Appointed by the Inspection Commission for B.Ed Degree Programme .
- Served as a Convener in the B.Ed practical Examination of TNTEU.
- Served as an External examiner in various Colleges of Education.
- B.Ed Question paper setter for various colleges of Education.
- Served as guest lecturer for B.Ed in TNOU, IGNOU, Sasthra University and Bharathidhasan University.
- Served as a Resource person for one day workshop on “**Role of Teachers in Guidance and Counselling**” held on 25.7.2018 at Faculty of Education, Dr.M.G.R Educational and Research Institute.
- Served as a Resource Person during Guest Lecture on topic: “**Mental Health for Adolescent and School Children**” organized by Health and Fitness Club in Meston College of Education on February 27th 2021
- As Organizing secretary Organized Online webinar on ‘**Effective counselling skills**’ on 6-7-2020
- As Organizing secretary Organized Online webinar on “**Stress Management & Mindfulness for Students and Teachers**” on 8-6-2021
- As Organizing secretary Organized one week **NET/SET Coaching** from 12th July to 17th July.
- Served as resource person as judge for science exhibition, in St, Patrick Anglo Indian School Adyar Chennai.
- Served as jury for selection of Best Teacher Award at Vani Vidhalaya Matriculation school.
- Served as a resource person as a Motivational speaker for 10th standard students in Vellammal Matriculation school, Mugappair Chennai.

Chapter in Books:

- **Published a Chapter on PROSOCIAL BEHAVIOUR Titled book on “Multicultural Psychology in Learning”. ISBN: 978-93-90627-84-45 Department of Education Alagappa University 2021**
- **Published a Chapter on “Effectiveness of the flipped Classroom I Teaching and Learning Titled book on Amalgamation of virtual journey in learning: An integrated and blended approach of faculties in flipped classroom ISBN: 978-81-950482-1-2 from ALAPANS holistic Educational forum.**

Papers Published in Journals:

- **Indian Streams Research Journal :Home Environment and Emotional Maturity among XI standard students -ISSN:2230-7850 ,Impact Factor:4.1625(UIF)- ISSN-2230-7850**
- **Research Tracks :Emotional Intelligence among College students ISSN -2347-4637**
- **Golden Research Thoughts: Impact of Creativity on Academic Achievement among XI Standard Students- ISSN -2231-5063**
- **Research Directions-International Journal:A study on values among XI standard students in Chennai district:ISSN-2321-5488-Impact factor:2.1005(UIF)**

Paper Presented

- **Presented a paper in National seminar- Title of the paper: Global trends in Education:2020 classroom in 2018- ISBN:978-935291-545-2**
- **Presented a paper in International conference Health and safety of the younger generation-Title of the paper: Health Behaviours and Problems among young people in 2018- ISBN:978-93-87314-83-2**
- **Presented a paper in National seminar Mind the Gap: relevance of Teacher Education- Title of the paper: Need Based Curriculum in 2018- ISBN:978-81-927641-5-3**
- **Presented a paper in National seminar Quality sustenance and enhancement prospects for attaining global standards- Title of the paper: Social skills for Team work in 2020- ISBN:978-93-5391-892-7**
- **Presented a paper in National seminar-Global challenges and recent trends in holistic education and research- Title of the paper: Ethics and professionalism in Education and research in 2020- ISBN:978-81-928689-4-3**

- Presented a paper in National conference-nurturing the minds of prospective teachers in wellness education in 2020- **ISBN:978-93-88568-14-2**
- Presented a paper in National seminar Social Media Networks and society -Title of the paper: **Influence of social media on social Emotional Competence** in 2021- **ISBN:978-396492-232-8**

Seminar /Webinar /Conference/workshop Participated

- Participated in the International Symposium on **“Learning Redefined for Success’ at Schram Academy** Chennai on 16th and 17th August 2019.
 - Trained as a Super Mentor to **“Impart Student Leadership Program (SLP) to build a Better Civil Society” as a Humanitarian Service** conducted by Indian Development Foundation.
 - Participated in a three day National Workshop on **“Applied Statistical Methods using SPSS and AMOS in Educational Research”** organised by SMCE from 18th to 20th September 2019.
 - Participated in the National Seminar on **“Awareness for School Teachers about Psychological Disorders among School Children** at Institute of Mental Health Kilpauk Chennai on December 6th and 7th 2019.
 - Participated in National Level **“Self sustainable life style”**IQAC & NSS OF Annai violet arts and science college on 20-5-2021.
 - Participated in International level **‘Teaching Redefined for Gen Z’** Tamil Nadu Teachers Education University 17-5-2021 to 23-5-2021.
 - Participated in National level **“ABC of Personality Development** Tamil Nadu Teachers Education University 24-5-2021.
 - Participated in National level **“Easy methods of E- content development’**Mar Theophilus training college-kerala 27-5-2021.
 - Participated in National level **” Qualities of a good teacher”**Ponkalamman college of Education 21-5-2021.
 - Participated in National level **“Pranayama for covid-19 prevention and holistic health”**NKT College of Education June 2021.
 - Participated in National level Successful writing of a Research paper for **SCI/SCOPUS publication MATTERHERE** Educational and Research on 3-6-2021.
 - Participated in International level **“Basic Statistical analysis and its interpretation using SPSS”** GISS(Global institute of Statistical solutions)June 4th-6th 2021
 - Participated in National level **“ Training Tele Counsellors”** Sacred Heart College 5-6-2021.
 - **5 days certificate course on “Gamification as a paedagogical tool”** conducted by IQAC Department of Education –University of Calicut.
 - Writing and Publishing a Research Paper – Research Paper Guide. August 2021.
- Udemy online Course Completed**

Achievements:

- Received “**Best active role award**” for NSS on Republic day nominated by TNTEU in 2021.
- As Cultural Coordinator won the title of “ASAN” **State level championship 2nd** place conducted in JJ College of Education trichy intercollegiate cultural festival.

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