



Dr. S. Arockia Elizabeth Josephine

M.Sc (Zoo)., M.Phil., (Zoo) M.Sc (Psy)., M.Ed., M.Phil.,(Edu)Ph.D (Edu)

Assistant Professor of Biology

Title of Thesis: A STUDY ON STRESS COPING STRATEGIES IN RELATON TO SELF-EFFICACY, SOCIAL SUPPORT, SCHOOL CLIMATE AND EMOTIONAL STABILITY OF HIGH SCHOOL STUDENTS.

Areas of Interest: Educational Psychology, Guidance & Counselling, Educational Technology, Teacher Education, Environmental Education & Science Education.

BOOK PUBLICATIONS:

Published book chapter for the book of titled “**SPECIAL EDUCATION**” by Laxmi Book Publication, Solapur, **ISBN: 978-1-329-63132-8.**

Published book chapter for the book of titled “**QUALITY MATTERS IN HIGHER EDUCATION**” by Lulu Publication, United states, 2021, ISBN 978 – 1 – 6780 – 5466 – 3.

JOURNAL PUBLICATIONS:

- Published paper titled “**A STUDY OF PERSONALITY IN RELATION TO ADJUSTMENT OF B.Ed. TEACHER TRAINEES IN TAMILNADU**” in Research Tracks - an international refereed, indexed & peer reviewed bi-annually journal in education July 2014, Vol: 1, Issue II, pages: 90-92, **ISSN2347-4637**
- Published paper titled “**IMPACT OF ATTITUDE TOWARDS SCIENCE ON ACADEMIC ACHIEVEMENTIN SCIENCE OF HIGH SCHOOL**

STUDENTS” in Research Demagogue - an international refereed, indexed & peer reviewed bi-annually journal in education Oct 2014, Vol : 1, Issue I, pages : 40-42, **ISSN2350 -1081**.

- Published paper titled **“A STUDY ON STRESS COPING STRATEGIES AND EMOTIONAL STABILITY AMONG HIGH SCHOOL STUDENTS”** in The Indian Educational Researcher Vol:14, Issue 1, May 2015, Stella Matutina College of Education, **ISSN 0974 -2123**
- Published paper titled **“INFLUENCE OF SELF-EFFICACY ON STRESS-COPING STRATEGIES AMONG ADOLESCENTS”** in Research Tracks - an international refereed, indexed & peer reviewed bi-annually journal in education July 2016, Vol : III, Issue II, pages:163-165, Impact factor: 1.619 (ISRA) **ISSN2347-4637**
- Published paper titled **“A STUDY ON INTELLIGENCE AND TEACHING COMPETENCE AMONG B.ED. STUDENT TEACHERS”** in Research Tracks - an international refereed, indexed & peer reviewed Quarterly journal in Arts, Commerce, Education and Social sciences July 2016, Vol : V, Issue II, pages:163-165, Impact factor: 2.489 (SJIF) **ISSN2277-5071**
- Published paper titled **“SCHOOL CLIMATE AND STRESS COPING STRATEGIES OF HIGH SCHOOL STUDENTS”** in Mukt Shabd Journal, UGC Care List Group – I peer reviewed international journal in Science and Humanities and Engineering technology MAY 2020, Journal Volume IX Issue V, Page No: 2632 – 2637, Impact factor: 4.6 ISSN 2347-3150
- Published paper titled **“HOLISTIC APPROACH IN VALUE EDUCATION TOWARDS THE EMPOWERMENT OF SOCIETY** in Alochana Chakra Journal, UGC Care List Group – I Monthly peer reviewed multi-disciplinary

journal, May/2020, Volume IX, Issue V, Impact factor: 6.3 Page No:3675 - Page No:3679, ISSN NO:2231-3990

- Published paper titled **INNOVATION AND CHANGES IN EMPOWERING SOCIETY** in Juni Khyat (UGC Care Group I Listed Journal), May/2020, Vol-10 Issue-5 No. 3 X Impact factor: 6.625, ISSN: 2278-4632.

INTERNATIONAL PUBLICATIONS:

- International Conference on **Teacher Education Practices & Innovative Trends**, Aug2014.
- International Conference on **Opportunities And Challenges For Higher Education**, Nov 2014, Excellence, Equity and Efficiency in Higher Education (EEEEHE 2014)-Tamil Nadu Open University, Chennai, **ISBN 978-93-313-2527-3**.
- International publication on Enhancement of Teaching and Learning Using Educational Technology, June 2016, Emerging Trends in Digital Era Through Educational Technology, **ISBN 978-1-365-18260-0**.

NATIONAL PUBLICATIONS:

- National conference on Teacher, Education & Culture Jan 2011.
- National Conference on Tamil Literature, Feb2012.
- National seminar on Web Based Education, Sri Sarada College of Education. Ulundurpet Apr 2014, **ISBN-978-93-80624-80-8**

- National Seminar cum workshop on Quality Assurance in Teacher Education: Trends and Challenges in India, Loyola College of Education, Chennai April 2014, **ISBN -978-81-927641-1-5.**
- National seminar on Amending fossilized Pedagogies with Innovative Technologies, Bishop Appasamy College of Education Coimbatore, Apr 2014, **ISBN -978-93-80800-29-5.**
- National seminar on Open Access for Research and Education, Guru Nanak College, October 2014.
- National seminar on Human rights education for Teachers, St. Xavier's College of Education, November 2014, **ISBN – 978-93-84192-01-3**
- National Seminar on Illuminating Minds Through Quality Education Across the Nation, Lady Willingdon Institute of Advanced Study in Education, May 2016.
- National Seminar on CYBER SECURITY, TNTEU-ICSSR(IMPRESS)SEMINAR – 2021, ISBN: 978-3-96492-232-8, Page 626-630. 04/02/2021.

WORKSHOPS:

- State Level workshop on Educational Technology, Lady Willingdon IASE, Chennai, October 2014.
- State Level Workshop on Art of Writing Research Papers to Publish in Educational Journals, SRM University, Dec 2014.

- National Workshop on Writing Research Article, September 2015.

Invited Lecture

1. Eco-Friendly life Style and Children at Centre for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai and NSS Training College, Kerala on October 15 – October 21, 2020, One Week National Webinar Titled Eco-Friendly Practices for Suitability.
2. National Level Webinar on Energy Conservation at CSI Bishop New Begin College of Education, Chennai on August 18. 2020.
3. 24hrs Assist World Record Event titled Guidance and Counselling and with the subtitle “Positive Thinking Skills” on 02nd September, 2021.

Completed SWAYAM Course

1. Emotional Intelligence –_8 weeks from NPTEL (MHRD) Jan – March 2021.
2. Basic Research --_8 weeks from NPTEL (MHRD) Jan – March 2021.

Organized International Webinars: -

1. Organized a 5 days International Webinar on, “Yoga and Wellness for Teaching Professions” in Collaboration with Bharathiyar University Arts and Science College, Coimbatore and Stella Matutina Cllege of Education, Chennai from 22/07/2020 to 26/07/2020.
2. Organized a 3-day Internatioal Webinar on “Panpattu Adayalanganl” 1/08/2020 to 03/08/2020 in collaboration with Pandia Nadu Panpattu mayam, Madurai and Sundareshwari COLlegeof Education, Srivilliputur from 1/08/2020 to 03/08/2020
3. Organized a 5 Days International Webinar on “Siragukalai Virippom” in Collaboration with ICCDF, Singapore & USA and MDS, Dubai 07/08/2020 to 11/08/2020.
4. Organized a One Week International Webinar on, “Contextual Based Adaptive Pedagogy” in Collaboration with Department of Education, Bharathiya University, Coimbatore and isms and Practices” Department of Education, Mother Teresa

Women's University, Kodaikanal from 12/08/2020 to 18/08/2020.

5. One Week International Training Programme on, "Reflective Teaching Practices "in 27/08/2020 to 02/09/2020 in Collaboration with Teacher INK, Bangalore and Brain O Kid, Dubai from 27/08/2020 to 02/09/2020.
6. Organized a One Week International Conference on, "High Impact Teachers for Today and Tomorrow" in Collaboration with St. Charles College of Education and Talentease, USA. 04/09/2020 to 10/04/2020.
7. Organized a One Week International Webinar on, "Research Methodology and Application of Statistical Tools" in Collaboration with Dhupguri College of Education, West Bengal 10/09/2020 to 16/09/2020.
8. Organized a One Week International Webinar on, "Honouring Students Diversities: Mechanisms and Practices" in Collaboration with NSS Training College, Pandalam, Kerela from 13/09/2020 to 19/09/2020.
9. Organized a One Week International Webinar on, "Every Child Matters Reading the Unreached –Strategies, Challenges and Success Stories" in Collaboration with Crossland College, Udupi, Karnataka from 05/10/2020 to 11/10/2020.
10. Organized a One Week International Webinar on, "Teaching Redefined for Gen Z" jointly by TNTEU and SMCE, Chennai from 17/05/21 to 23/05/2021.

Organized National Webinars: -

1. Organized a one day online National webinar on, Role of Teachers in Developing Student's Personality, Stella Matutina College of Education, Chennai on 03/07/2020.
2. Organized a 5 Days National Webinar on, "Techno Emotive Pedagogy" Collaboration with Thiyagarajar College of Preceptors, Madurai from 06/07/2020 to 10/07/20.
3. Organized a one day online National webinar on Online Tools for Effective Virtual Teaching & Learning Stella Matutina College of Education, Chennai on 11/07/2020, 11.00 am – 12.30pm
4. Organized a one day online National webinar on, "Creative Digital Testing Materials for Teachers" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 11/07/2020.
5. Organized a one day online National webinar on, "Speaking Skills for a Successful Teaching" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 12/07/2020.

6. Organized a five-day National level webinar Knowledge Series on, "Horizons in Research" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai from 13/07/2020 to 17/07/2020.
7. Organized a One-week National Capacity building programme on, "Digital Pedagogy" in Collaboration with Department of Education, NMKRV College for Women, Bangalore from 21/08/2020 to 27/08/2020.
8. Organized a one day online National webinar on, "Perception of Inclusive Education" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 21/09/2020.
9. Organized a one day online National webinar on, "Emotional Intelligence: Understanding Human Relations at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 22/09/2020.
10. Organized a one day online National webinar on, "Emotional Literacy of of Teachers" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 23/09/2020.
11. Organized a one day online National webinar on, "Soft Skills Integration for Teachers" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 24/09/2020.
12. Organized a one day online National webinar on, "Overcoming Stress in Personal & Professional Life" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 25/09/2020.
13. Organized a one day online National webinar on, "Emotional Hijacking and Psycho Social Impact: A Nuance Journey Through Life and Society" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 26/09/2020, 10.am.
14. Organized a one day online National webinar on, "Promoting Reflective Thinking in Teachers" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 27/09/2020, 11.00am.
15. Organized a one day online National webinar on, "Human Rights Education for Alpha Generation" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 27/09/2020, 3.30pm.
16. Organized a one day online National webinar on, "Gender Sensitization" at Center for

Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 28/09/2020, 4.00pm.

17. Organized a one day online National webinar on, "Soft Skill in Education and Examination" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 29/09/2020, 4.30pm.
18. Organized a one day online National webinar on, "Life Skills Education to Teachers and Teacher Educators" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 30/09/2020, 4.30pm.
19. Organized a one day online National webinar on, "The Miracle of Meditation" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 01/10/2020, 4.30pm.
20. Organized a one day online National webinar on, "Overview of Outcome Based Education and its Framework for an Institution, How course outcomes are defined?" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 02/10/2020, 4.30pm.
21. Organized a one day online National webinar on, "You are a Great Teacher (Say It & Believe It) at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 03/10/2020, 5.30pm.
22. Organized a one day online National webinar on, "Understand Your Psychology! Take Control of your Life" at Center for Capacity Building Programmes for School Teachers, Tamil Nadu Teachers Education University, Chennai on 04/10/2020, 4.30pm.
23. Organized a One Week National Webinar on, "Eco-Friendly Practices for Sustainability" in Collaboration with NSS Training College, Changanacherry, Kerela from 15/10/2020 to 21/10/2020.
24. Organized a One Week International Webinar on, "Teaching Redefined for Gen Z" in collaboration with TNTEU from 17/05/2021 to 23/05/2021

Professional Developmental Programmes:

Fourth Faculty Induction Programme: UGC – HRDC – Pondicherry University for 28 days. (04.08.2021 to 02.09.2021)

Experience:

Experience in Stella Matutina College of Education: February 2020 till date (2 years)

Experience in other Educational Institutions: 10years

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